



SCHOOL OF TRADITIONAL MEDICAL THAI MASSAGE

3176 E. Blithedale Avenue, Mill Valley, CA Phone: (415) 384-0242

www.thai-massage.com

School of Traditional Thai Massage

Catalog for Calendar Years 2011-2012
(Updated Annually)

Certified Training in Ancient Thai Healing Arts

Instruction by Supron Mukomla, Master of Healing Arts

500 Hours of Beginning and Advanced Classes

Healing Techniques Dating Back 2,400 Years

Proven Results for both Mild and Serious Ailments

Holistic Rejuvenation of Body, Mind and Spirit

Our Mission

by Supron Mukomla

Master Healer and School Founder

When I was a small girl growing up in Thailand, I discovered that I had a wonderful gift. I could wade into the river, put my hand in the water, and then, if I watched and listened intently, I found that my hand would be guided to a fish.

This gift made my family very happy. We were the poorest family in our village. My parents had eight children to feed and we had no land on which to plant rice. So, when I came home from the river with a fish, everyone was very excited because we could have a big dinner. From this experience I knew that a powerful spirit was working through me.

Some years later I discovered I had another gift. After my two children were born, I had terrible pain in my back, and a strange ringing in my ears. On top of that, I had no feeling in three of my fingers. Then, I found a wonderful book describing the Ancient Techniques of Thai Medical Massage. These techniques were thousands of years old, but to me they were a new and exciting venture. I studied those techniques, and then I tried them on myself. Right away I found that I could put my hands on the area of discomfort, pinpoint the problem, and almost magically massage the pain away.

Since then, I have devoted myself to learning and teaching the ancient wisdom as well as studying the original masters in Thailand. I studied the carvings describing medical massage that are found on the walls of the temple of Wat Pho. Over the past several years I have adapted those ancient techniques to the needs of western massage practitioners and their clients.

This school has a simple mission: to share with other massage practitioners the ancient wisdom of Thai Medical Massage, and show them how to heal their clients with safe, natural, holistic methods. I want to show my students the power they hold in their hands, and how to turn that power into a gift of the Divine.

Guiding You To A Successful Career

When I began teaching in California, Thai Medical Massage was not well known. In fact, the few people who knew about it viewed it as an exotic practice and one that was not taken very seriously.

Now all that has changed. Today, Thai Medical Massage is one of the fastest growing disciplines in the field of alternative healing. In fact, thousands of people are eagerly searching for a qualified Thai Medical Massage therapist, but there are not enough qualified therapists to meet the demand. Now Thai Medical Massage has become an excellent career opportunity.

The School of Traditional Thai Medical Massage will guide you to a successful career in this rapidly growing medical massage field:

- Study with a recognized master in Thai healing arts.
- Become immersed in an ancient philosophy of healing focusing on the body, mind and spirit in a modern, integrative, and practical way.
- Learn hands-on techniques of massage, stress and pain reduction, energy balancing, and disease detection and treatment.
- Learn how to develop your own inner resources as a healer and use them to care for and aid your clients.
- Once the basics are mastered, the school offers you a wide range of specialized training to take you deeper into the healing potential of Medical Thai Massage.
- The school keeps a library of ancient and modern texts on Medical Thai Massage, including its own definitive English language manual written by our founder Supron Mukomla.
- Because of Supron's unique standing in the Thai community the school is at the forefront of the Medical Thai Massage movement across the United States. A degree from the school is an invaluable asset to students launching their career in massage.
- The school works to get its graduates into positions at Medical Thai Massage clinics across the United States and provides guidance and teachings to those who want to open their own Thai Massage clinic.

Courses of Study

Overview

The School of Traditional Medical Thai Massage offers a full 500 hours of course work in Thai Medical Massage, including theory and extensive hands on training. We offer introductory courses as well as a wide range of courses for the more experienced practitioners of Thai Massage.

Because our school is also a center for the latest research in the field, our courses are constantly evolving, as we incorporate the latest research and techniques into the art of Thai Medical Massage.

The next round of courses will begin August 1st, 2011.

Certification Courses

I. Thai Body Massage (150 Hours)

- A. Introduction - Perspective and Overview of Thai Massage History
- B. Overview of Buddhism and Thai Massage
- C. Rules and Manner of Thai Massage
- D. The Foot, and Major Energy Lines
- E. Thai Medical Massage (Jop Sen) and Diagrams of Therapeutic Pressure Points
- F. Thai Traditional Massage
- G. Hands on Practice

II. Pain Relief and Foot Massage (100 Hours)

- A. Overview – The Ten Main Energy Lines
- B. Overview – History of Foot massage (Thai, Chinese, and European Styles)
- C. Main Pressure Points on Foot
- D. Pain relief points and major energy points
- E. Foot massage – Thai traditional medical style
- F. Hands on Practice

III. Thai Massage Practicum/ Supervised Internship (250 Hours)

- A. Understanding the major energy lines; pressure points; and how each pressure point and line affects the patient
- B. Overview - How long to work on the patient's body
- C. Overview - Time spent on each pressure point
- D. Adapting techniques to patients with long term injuries

Ongoing Class Schedule

All classes are held at 176 E. Blithedale Avenue, Mill Valley, CA

- Level 1. Thai Body Massage (150 Hours)**
- Level 2. Pain Relief and Foot Massage (100 Hours)**
- Level 3. Thai Massage Practicum/Supervised Internship (250 Hours)**

The Thai Body Massage and Pain Relief and Foot massage classes involve lecture and hands on training in groups with a teacher. These two classes take place Monday to Friday from 9:00 am to 4:00 pm. After these 250 hours of class have been completed, a student may apply for a CAMPC Massage Practitioner Certificate.

The Practicum Class involves clinic work open to students at 9:00 am with the last possible appointment starting at 7:00 pm all days of the week. Hours can also be obtained outside of the school, with approval from the teacher. Once a total of 500 hours are completed (coursework and practicum) a student may apply for a CAMTC Massage Therapist Certificate.

Fees:

School Registration Fee (Non-refundable)	\$ 100
Student Tuition Recovery Fund Assessment (Non-refundable)	2.50 per \$1,000 of tuition
Level 1. Thai Body Massage	\$2,000
Level 2. Pain Relief and Foot Massage	\$3,000
Level 3. Thai Massage Practicum/Supervised Internship	<u>\$4,500</u>
Total for all Courses and Registration :	\$9,625

Each fee is a one time fee paid before entering the class.

Course Overview

Thai Body Massage

Level 1. Two different styles of Thai Body Massage are taught:

Nuad Paan Boran: Sometimes referred to as “Northern Style” or “Thai Yoga Massage”. It is used for relaxation, stretching and healing. It is a basic style commonly used in the US.

Raachatsomnak: Also referred to as “Royal Style Thai Massage”, it is used primarily for healing. The Traditional Thai Medical Massage school teaches the basics of this style which becomes the foundation for Jop Sen studied in levels 2 and 3.

Pain and Foot Massage

Level 2. The Thai Pain Relief course goes into the teachings of the ancient stone carvings

Jop Sen: From the carvings in Wat Pho, students will learn to read and study the ten main lines, and begin to study the fifty common areas of pain that can be remedied using various healing points.

Thai Massage Practicum

Level 3. Through the use of Thai reflexology on the feet, students will develop a sense of understanding areas of pain in the body and approaches for relief. *Nuad Paan Boran* and *Jop Sen* are blended in order to be most effective for each client. While doing a standard massage session, attention is focused on those healing points providing maximum pain relief.

Faculty

Supron Mukomla- Director and Founder of the school and since 1997. She studied Ancient scriptures in Thailand prior to her certification by the BPPE.

Boonsong Somjit- Entered the country from Thailand with an EB1-EA green card for aliens of extraordinary ability due to his teaching of Thai Buddhism and Healing for over seven years. He later received his CAMTC Massage Therapist Certificate in the US from the School of Medical Thai Massage and is a Certified Nurse Assistant.

Jantarop Pholyiam- Entered the country from Thailand with an EB1-EA green card for aliens of extraordinary ability due to his teaching of Thai Buddhism and Healing for over ten years. He later received his CAMTC Massage Therapist Certificate in the US from the School of Medical Thai Massage.

Mohammed S. Marshal – Recently received his CAMTC Massage Therapist certificate.

Xiao Feng Song – CAMTC Certified Massage Therapist who has been teaching for over 3 years, fluent in Chinese, and has helped other Chinese massage schools for over 5 years.

Akaphan Songbandit – For twenty years he practiced massage in Thailand specializing in the training of Thai Boxers. He later moved to the US and is certified in San Francisco as a Massage practitioner.

Lee Shore – Fluent in Chinese and owner of her own massage clinics. She received her CAMTC Certification as a Massage Therapist after over 5 years as a practitioner.

Amnat Khunchamnan/ consulting instructor- He has been teaching and practicing Thai massage & Thai Yoga Massage for 7 years at Khunchamnan Family Thai Massage Classes (1/3 Soi 8 of Moon Muang Rd, Amphoe Muang Chiang Mai 50200 Thailand), www.thaiyogajourney.com . And he also had more than 16 years practicing and teaching Buddhism in Thailand.

Facilities and Equipment

Facilities

176 E. Blithedale Avenue, Mill Valley, CA San Francisco is a recognized certified facility by the City of San Francisco for teaching, practicing, and clinical massage.

Textbooks

The School of Traditional Medical Thai Massage will provide textbooks and anatomy books to students enrolled at the school, at no additional charge.

Equipment

There are three futons and one massage table which are regularly cleaned and maintained.

Nearby Housing Costs

Within 10 miles of the facility the approximate cost of housing ranges from \$750-\$1500 a month. The school does not currently assist students in finding housing.

Registration & Payment Policy

Eligible Applicants

We welcome applications from anyone over the age of 18 who is interested in Thai Medical Massage, regardless of education, language, race, national origin, religion, gender sexual orientation, physical ability, age, or culture. Currently the school admits foreign students, but offers no visa services.

Language Services

There is no required specific level of English or any other language proficiency for prospective students. All courses are taught either in English, Thai, Japanese, and Chinese based on the needs of the students at no extra cost. However all textbooks are in either Thai or English.

Registration

We invite applications throughout the calendar year. Registration is available Monday through Saturday, from 9:00am to 6:00pm. Please call 415-384-0242 for more information and appointments.

Payment Policy and Loans

Currently the School of Traditional Medical Thai Massage does not participate in Federal or State student aid programs. However, flexible arrangements can be made for students at the discretion of the director. If a student files a loan from the school or a third party they will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund.

Bankruptcy

The School of Traditional Medical Thai Massage has never filed a petition or had a petition filed against it nor is there a pending petition in bankruptcy.

Policies and Procedures

Student Evaluation

We operate on a pass/fail system. Students are evaluated on an ongoing basis, in terms of their mastery of theory and hands-on massage techniques. Our standards are rigorous; i.e. students must be fully competent in Medical Thai Massage to receive certification.

Student Records and Transcripts

In accordance with California State Law, the School keeps student records for a period of five years. We also keep attendance records, and these are part of the student evaluation process. It is the student's responsibility to retain copies of school documents. Transcripts are to be kept by the school permanently.

Experiential Credit

The school awards credit hours from other school and prior experience with or without a written transcript and administers a proficiency test before awarding credit hours to a student.

Student Standards and Requirements

Each course has its own requirements and outline to follow. Students are required to log their own hours and will only be given a certificate after completing a documented final test administered by the student's teacher.

Dismissal and Probation Policy

Students may be dismissed for a variety of reasons, including poor attendance, inappropriate, unsafe, or disrespectful behavior to staff or fellow students. Dismissals and probations are at the sole discretion of the School Director.

Leave of Absence Policy

Students that wish to take a leave of absence must be cleared at the discretion of the student's teacher and the School Director.

Grievances

All formal student grievances should be brought to the teacher's attention. If not resolved satisfactorily, the student and teacher should discuss grievances with the School Director. If it is still not resolved satisfactorily, it should be brought and filed with the BPPE.

Transfer Credits From Other Schools

Transferring credits and hours from other school is generally accepted at the discretion of the School Director. Currently the School of Traditional Medical Thai Massage has no prior arrangements with other schools in credit transferability.

Transfer Credits To Other Schools

NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS
EARNED AT OUR INSTITUTION

The transferability of credits you earn at School of Traditional Medical Thai Massage is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn in any of the courses offered is also at the complete discretion of the institution to which you may seek to transfer.

If the certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your course work at the institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending The School of Traditional Medical Thai Massage to determine if your certificate will transfer.

Cancellation, Withdraw, and Refund Policy

The student has a right to cancel this enrollment agreement and obtains a refund.

You may cancel this enrollment agreement and receive a refund by providing a written notice to SUPRON MUKOMLA, the director and instructor, SCHOOL OF TRADITIONAL MEDICAL THAI MASSAGE, 176 E. Blithedale Ave., Mill Valley, CA 94941, Telephone: (415)-384-0242 (www.thai-massage.com)

The student has a right to a full refund of all charges less the amount of \$100 for registration fee if he/she cancels this agreement prior to or on the first day of instruction or the seventh day after enrollment, whichever is later.

In addition the student may withdraw from a course after instruction has started and receive a pro-rated refund for the unused portion of the tuition and other refundable charges if the student has completed 60% or less of the instruction.

Example:

If the student completes only 30 hours of a 90 hours course and paid \$1,200 tuition, the student would receive a refund of \$800.

California State Education Policies

Student Tuition Recovery Fund

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you:

1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and
2. Your total charges are not paid by any third-party payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if either of the following applies:

1. You are not a California resident, or are not enrolled in a residency program, or
2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party.

You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The school closed before the course of instruction was completed.
2. The school's failure to pay refunds or charges on behalf of a student to a third party for license fees or any other purpose, or to provide equipment or materials for which a charge was collected within 180 days before the closure of the school.

3. The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
4. There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
5. An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

It is important that you keep copies of the enrollment agreement, financial aid papers, receipts or any other information that documents monies paid to the school. Question regarding the STRF may be directed to the Bureau for Private, Postsecondary Education (BPPE) P.O. Box 980818, West Sacramento, CA, 95798-0818. Internet web address [HTTP://www.bppe.ca.gov/](http://www.bppe.ca.gov/). Phone number (916)-431-6959. Fax number (916)-263-1897.

Mediation

Persons seeking to resolve problems or complaints should first contact the instructor in charge. Requests for further action may be made to Supron Mukomla, director and instructor of the school. Unresolved complaints may be directed to the Bureau for Private, Postsecondary Education, (BPPE) 1625 North Market Boulevard Suite S-202 Sacramento, CA 95834 Telephone: (916) 574-7720.

Approval Disclosure Statement

The School of Traditional Medical Thai Massage, a private institution, located at 176 E. Blithedale Avenue, Mill Valley, CA 94941 (415) 384-0242, has applied for final course approval from the Bureau for Private, Postsecondary Education under the provisions of Section 94915(d), California Educational Code. Final course approval means that the Bureau has determined that the school and its operations comply with standards established under law for private, post-secondary educational institutions.

The application is pending.

Questions

Any Questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833. Internet web address [Http://www.bppe.ca.gov/](http://www.bppe.ca.gov/). Phone number (916)-431-6959, Fax number (916)-263-1897.

Review Documents

As a prospective student you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet, which must be provided to you prior to signing an enrollment agreement.

Complaints

A Student or any member of the public may file a complaint about this institution with the Bureau for Private Post Secondary Education by calling (888)-370-7589 or by completing a complaint form, which can be obtained on the bureau's Internet Website [Http://www.bppe.ca.gov/](http://www.bppe.ca.gov/).